

body matters

treating you better

NOVEMBER 2008

Our 10th Anniversary



Russell Baragwanath established Ruislip Physiotherapy in November 1998. The clinic has gone from strength to strength since then. He set up Essential Physio in 2002 and it currently has 2 clinics as well as occupational health contracts. Ruislip Physiotherapy and Essential Physio will come together to operate under the Essential Physio brand. Russell would like to thank all those who have supported the clinics over the years. Our business has been built on recommendation by satisfied clients to their friends and families. Our aim is to maintain and increase that level of satisfaction.

Diagnostic Ultrasound

We have recently taken delivery of a diagnostic ultrasound scanner. This will allow us to more fully assess musculo-skeletal injuries as well as provide visual biofeedback to help back pain sufferers to improve their core stability. Libby uses diagnostic ultrasound in her women's health assessments.

New Arrivals

Peet Le Roux will begin to work from our Chiswick Clinic from the middle of November. Peet hails from South Africa, and brings a wealth of experience to the role. As well as musculo-skeletal injury treatment, he will be undertaking workstation assessment and training and Golf Fitness Assessment.

We expect Sara Finn, our Neuro and Elderly Rehab specialist, to have had her third child by the time this newsletter is distributed. Good luck Sara and family.

Lecture Series.

We recently hosted Mr Francis Lam, specialist upper limb orthopaedic surgeon for a lecture entitled Current Concepts in Shoulder Surgery. A busy hall was enthralled by the presentation and demonstration of diagnostic ultrasound. We hope to make these lectures a regular event. If you are a medical professional and wish to register for notification, please email.

